



Understanding the commitment of the South Carolina Department of Education to students' health and fitness and considering the benchmarks of the Physical Education curriculum, WonderWorks developed the following lesson plans that can be performed while students test their endurance on the ***Ropes Challenge Course***.

Each lesson encompasses all Physical Education strands. The Ropes Challenge Course provides a safe environment and an excellent opportunity for students to engage in a physical activity outside the school setting. We look forward to seeing you and your students climb 3 stories of ropes and encounter 20 different challenging obstacles in this one of a kind adventure.

